

San Diego Early Stage Support Group

Providing emotional support, education and coping strategies for those facing Alzheimer's

support group

for people with memory loss

Early Stage Support Group meetings assist diagnosed individuals who are in the early stages of Alzheimer's disease. These free meetings allow participants to gain new insights, share knowledge and experiences, and express concerns and challenges in a safe, supportive environment. **Pre-screening is required.**

Each group is facilitated by a trained volunteer and provides:

- Emotional support
- Regular meeting time and location
- Encouraging environment to exchange coping skills
- Up-to-date information about Alzheimer's disease and related dementias

Co-sponsored by Elder Care Guides



Meets every Wed 10:00-11:00am
The Alzheimer's Association
6632 Convoy Court
For more information and
to register, contact:
858.492.4400

San Diego / Imperial Chapter

6632 Convoy Court
San Diego, CA 92111
858 492 4400 ext. 109
858 492 4406 fax
800 272 3900 toll free

alzheimer's  association™

the compassion to care, the leadership to conquer